



EASTERN

COMPETITOR PACKET

2027

**Canadian Pole and Aerial
Championship**

1 Welcome

Welcome to the Canadian Pole and Aerial Championship (CPAC)!

This packet contains vital information to assist you in your preparations for participation in CPAC competitions.

Upon reviewing the provided information, should you have any questions please direct them to competitors@canadianpoleandaerialchampionship.ca. Questions may not be accepted through social media platforms or by phone.

1.1 RULES and REGULATIONS

The current version of the Rules and Regulations can be found on our website at:

<https://canadianpoleandaerialchampionship.ca/rules/>

These rules and regulations are subject to change. All updates, including a complete revision history, and clarifications to answer common competitor questions will also be posted on this page. Please check for any updates prior to your competitions.

Important clarifications, or those most frequently asked, may also be updated within the Rules and Regulations documents. Look for these *highlighted in italics* and posted in the Revision History. Clarifications provide concise explanations when competitors request additional information regarding the regulations. No changes to the current season regulations will be made that would be unfair to other athletes who have already undertaken preparations for this competition season.

1.2 Connections

To follow and connect with fellow competitors, judges, and the community, join us on social media. Please ensure you join the CPAC competitor group on Facebook to keep informed and ask questions from your fellow, and past, competitors.

Newsletter:	Stay subscribed for direct updates regarding your event. Those who unsubscribe will not receive newsletter communications/reminders.
Email:	competitors@canadianpoleandaerialchampionship.ca
Facebook Page:	Canadian Pole and Aerial Championship
Facebook Competitor Group:	Canadian Pole and Aerial Championship Competitor Group
Instagram:	@canadianpoleaerialchampionship #canadianpoleandaerialchampionship #CAN2027CPAC

Note that all official CPAC event information will be provided on our website to ensure all information can be found in one location.

1.3 Important Dates

Listed in this section are important dates to keep in mind for participation in CPAC events. Note that changes, if any, will be provided on our website and communicated via the competitor's registered email address.

1.3.1 Eastern Competition

Super Earlybird pricing ends: November 15, 2026, 11:59 PM

Earlybird pricing ends: January 2, 2027, 11:59 PM

Registration deadline: January 29, 2027, 11:59 PM

Waiver deadline: January 29, 2027, 11:59 PM

Division and level change deadline: January 29, 2027, 11:59 PM

Schedule release: February 12, 2027

Music submission deadline: February 26, 2027, 11:59 PM

Prop submission deadline: February 26, 2027, 11:59 PM

Apparatus Specification submission deadline: February 26, 2027, 11:59 PM

Event: March 13 to 14, 2027 **Reminder: clocks spring forward one hour on Sunday, March 14.*

1.4 Event Location

1.4.1 Venue

Les Grands Ballets Canadiens de Montréal

1435, rue De Bleury

Montréal, QC

H3A 2H7

We acknowledge that the venue is located on the unceded Indigenous lands of the Kanien'kehá:ka (Mohawk) Nation.

1.4.2 Parking

Paid indoor parking is available at Place des Arts, next door, with its entrance at 1450 rue Saint-Urbain. Additional parking lots and garages are available nearby.

1.4.3 Transit

Place des Arts is easily accessible thanks to its direct connection to the Place-des-Arts metro station (Green Line) and is served by several bus lines. You can easily reach this location by using the metro, walking, cycling, or taking a taxi or ride service.

1.5 Pre-Competition Checklist

Before you register

- ☐ Read the rules and regulations
- ☐ Visit the CPAC Competition Portal: portal.canadianpoleandaerialchampionship.ca to create your free portal account (you must be 18 or older). Designated representatives (parents, guardians and coaches): use your own account and add each competitor under My Competitor Profiles.
 - *NEW in 2026! Returning competitors: please create a new portal account. Accounts from our previous web store do not carry over.*
- ☐ Complete each competitor profile by the competitor profile deadline: date of birth, citizenship, stage name and studio. Your stage name is how you appear publicly, including in the event programme, on judge scorecards, in the award ceremony, and on public announcements.

Register and pay

- ☐ Select Register, then choose your competitor, event, and division(s).
- ☐ Add the media (photo/video) package to your cart (see Photo & Video Packages)
- ☐ Select Add to Cart.
- ☐ Proceed to Checkout! Prices increase after each pricing deadline (see Important Dates).
- ☐ Doubles and troupes: add competitors from your Registration page prior to the change deadline.

After you register

- ☐ Join the CPAC Competitors Facebook group
- ☐ Sign your waiver on the Waivers page by the registration deadline.
 - *Competitors under 18 must have a parent or guardian sign. Coaches: ensure waivers are signed for your registered competitors by selecting "Send the waiver" if listed as "Waiting".*
- ☐ Need a different division or level? Submit a change request in your portal account
 - *See division and level change deadline*
- ☐ Verify your costume satisfies the costume regulations
 - *See Competition Regulations – Performance Regulations – Costume*
- ☐ Upload your music in your portal account (required)
 - *See Competition Regulations – Performance Regulations – Music Submission*
 - *See music submission deadline and be aware of late fees*
- ☐ Submit props for pre-approval in your portal account (IF required)
 - *See Competition Regulations – Performance Regulations – Props*
 - *See prop submission deadline and be aware of late fees*
- ☐ Submit apparatus specifications in your portal account (IF required)
 - *See Competition Regulations – Technical Specifications – Live Competitions*

Before event day

- ☐ Book travel arrangements
- ☐ Remind guests AND human props to purchase tickets OR to volunteer for free admission!
- ☐ Purchase your media package if aiming to purchase in advance (see Photo & Video Packages)
- ☐ Pack a back-up copy of your music on USB
- ☐ Pack a day-of backstage kit (recommendations include extra strong double-sided tape, snacks, water, ear plugs/headphones, mini sewing kit, clean cloth, wet wipes, make-up, hair spray, bobby pins, elastics, approved grip products, indoor shoes or slippers for backstage)
- ☐ Double check the event schedule for updates on performance times and award ceremonies

1.6 Tickets

Your competitor registration includes access to the event for the day on which you compete. You are welcome to purchase additional tickets for your guests, or for days on which you are not competing. Please ensure any human props have purchased their ticket for the event.

Competitors under 18, remember to bring your plus one! The registration fee for an athlete under the age of 18 includes both the athlete and one (1) designated parent/guardian/coach who must accompany the athlete at all times during in-person events.

Support the Canadian pole and aerial competitors as they take the stage! Remind your friends and family to purchase their tickets online.

1.7 Photo & Video Packages

Capture your moment on stage! Spectators may only use phones, held no higher than shoulder height, so our professional media is the best way to get stage-quality photos and video of your performance.



What's included: Within two weeks of the event, you'll receive a watermarked online gallery of all your captured moments. Choose your 12 favourites to receive as high-quality, high-resolution photos, along with a video of your performance. Want more than 12? Additional photos are available for purchase.

Competing in more than one routine? You'll receive a video of every routine, and you can choose your 12 photos from across all of your performances. Each package covers one competitor and is not shared between competitors.

Media package pricing increases following the conclusion of the event. Remember to purchase in advance!

How to buy: add the package to your cart when you register, or later from your Registration page in the portal.

1.8 Day of Competition

1.8.1 Check in

Check in at the registration table upon arrival. For those participating in stage testing, check-in must be completed prior to your stage testing time. For those choosing not to participate in stage testing, check-in must be completed no later than 60 minutes prior to your scheduled performance time.

1.8.2 Competitor Meeting

Competitor meeting will immediately precede your stage testing block. Please be present on or near the stage to be informed of any venue or event-specific reminders. This will be a brief 5 to 15 minute check-in with all our competitors to ensure a smooth and successful event.

1.8.3 Stage Testing

Stage testing will proceed in show order. Any competitor who is not present at the time of stage testing, when their name/stage name is called, shall forfeit their stage testing time. Stage testing is intended to be a brief check-in of the technical setup, not a time to run your full routine. Competitors are recommended to have an idea of what they need/want to test, prior to their stage testing time.

The entrance to the stage (stage right/stage left) will be determined by the venue prior to stage testing.

Hoop and Hammock competitors who specified non-standard apparatus specifications in the portal prior to the event must confirm their specifications with the CPAC technical staff during stage testing. If the competitor is not present during stage testing to confirm the specified height, the standard apparatus will automatically be hung to the standard height of 60" from top of mat.

Aerial Specialty competitors are required to attend stage testing. The competitor shall present proof of manufacture from a pole, aerial or circus manufacturer for all necessary components required for safe rigging of their apparatus to the CPAC technical staff and confirm the height specified in the portal prior to the event. If the Aerial Specialty competitor is not present during stage testing, the competitor will be automatically disqualified.

1.8.4 Dressing Room and Restricted Areas

Competitors will respect any designated restricted areas, as per posted signage and CPAC instruction. This may include judging areas, media areas, and other backstage areas.

Dressing rooms and backstage areas provided at CPAC events are off limits to family members or friends of the competitors except for the designated representative (parent, guardian or coach) accompanying a competitor under 18. Individuals accessing these areas should be prepared to show proof of participation. There is limited backstage space available, and it is just for you and your fellow competitors to enjoy. Please use the public areas of the venue to visit or chat with any supporting entourage! This includes coaches, stylists, friends, family and even a doting partner.

1.8.5 Backstage Check-In

Competitors are to check-in with the backstage co-ordinator approximately 30 minutes prior to their scheduled performance time. Competitors are advised that performances may run early or late.

The backstage co-ordinator will take note of your starting position and any prop placement.

1.8.6 Code of Conduct

Competitions can be a stressful environment, and we know everyone has good and bad days, on and off the stage. You and your fellow competitors might be riding a rollercoaster of emotions! Remember to BE KIND. Cheer each other on and support each other backstage – these events run for all participants.

Code of Conduct Reminder! You, and any designated representative, have agreed to conduct yourself professionally, respectfully, and with the spirit of good sportsmanship at all times prior to, during, and following all CPAC events; showing respect and dignity to event organizers, CPAC organizers, fellow competitors, judges, and event staff/volunteers.

1.8.7 Awards

We will see you on stage after the show! You and your fellow competitors worked hard to hit the stage, so come together to applaud each other one more time.

Award ceremonies may be held at either the end of each show or following each major division (Aerial Sport, Pole Sport, Artistic), depending on the number of competitors and event schedules. Make sure to check the event schedule for your award ceremony. Competitors are advised that awards may run early or late. Missed awards and/or sponsor prizes will not be mailed out following the event. Winners must be present to accept their medals.