



2024 CENTRALS

**CANADIAN
POLE AND AERIAL
CHAMPIONSHIP

CENTRALS**

**MARCH 3, 2024
WOLF PERFORMANCE HALL
LONDON, ON**



WELCOME

Welcome to the Central Competition of the 2024 Canadian Pole and Aerial Championship! The CPAC is excited to welcome all athletes to the stage, and all supporting friends and family to cheer them on!

The CPAC is an inclusive event and encourages all audience members to cheer for each competitor. They have all put in a tremendous amount of energy to grace the stage, so let's send the energy right back with loads of love!

2024 CENTRALS



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LET'S FIND YOU THE PERFECT POLE ROOM!



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REGISTRATION

8:30 AM	Registration opens (athletes only)
9:00 AM	Competitor Meeting
9:10 AM	Pole Sport and Artistic stage testing
10:00 AM	Aerial Sport stage testing
10:30 AM	Stage doors open (audience)

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AERIAL SPORT SHOW

AERIAL SPORT – HAMMOCK SEMI - PRO

11:00 AM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Kelly	Vertical Air

AERIAL SPORT – HOOP JUNIOR

11:10 AM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Aishani Mullan-Persad	The Circus Fix
	Julia Cutler	The Circus Fix

AERIAL SPORT – HOOP JUNIOR ELITE

11:20 AM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Teddy Ironstone	The Circus Fix

AERIAL SPORT – HOOP 1

11:30 AM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Jenna	Phoenix Fitness for the Arts
	Krista Patterson	
	Marla Lacbao	Kindred Spirits Pole
	Nuri Gabriela	EXPRESSIO

AERIAL SPORT – HOOP MASTERS

12:00 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Kerry Hishon	Phoenix Fitness for the Arts

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AERIAL SPORT - HOOP SEMI-PRO

12:05 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Stephanie Perkin	Phoenix Fitness for the Arts
	<i>Carly Thompson (Withdrawn)</i>	<i>Kindred Spirits Pole</i>
	Victoria Khounborinh	Phoenix Fitness for the Arts
	<i>Nicole Acaso (Withdrawn)</i>	<i>The Circus Fix</i>
	Payton	
	Valeria Hema	EXPRESSIO

AERIAL SPORT - HOOP DOUBLES

12:35 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Caroline Ohi & Emily Wright	Brass Butterflies
	Minsuh Kim & Miranda Yuen	Kindred Spirits Pole
	<i>Emily & Kayla (Withdrawn)</i>	<i>Phoenix Fitness for the Arts</i>

AERIAL SPORT - SPECIALTY

12:50 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Sophie Lea McLeod	UV Pole and Cirque
	Kaitlyn Gibbesch	Ascension Aerials

INTERMISSION

20 MINS

1:20 PM **AWARDS - AERIAL SPORT**

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POLE SPORT SHOW

POLE SPORT - AMATEUR

2:00 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Gabby Darling	Vertical Air
	Beth Mod (Withdrawn)	Phoenix Fitness for the Arts
	Aya (Withdrawn)	Phoenix Fitness for the Arts
	Debelle.pole	
	Maddie	Phoenix Fitness for the Arts
	Anastasia	SASS

POLE SPORT - MASTERS

2:25 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Karen Morley (Withdrawn)	Phoenix Fitness for the Arts

POLE SPORT - SEMI PRO

2:30 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Ryan	Brass Butterflies
	Victoria Khounborinh	Phoenix Fitness for the Arts
	Kim	Vertical Air

POLE SPORT - MEN

2:50 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Yunjie	Kindred Spirits Pole & Vertical Air

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POLE SPORT - DOUBLES

3:00 PM

COMPETITOR

STUDIO

Lauren LaValley & Kierra McDougall

Inferno Pole Studio & Our Haven Studios

POLE SPORT - PROFESSIONAL

3:05 PM

COMPETITOR

STUDIO

Samantha

Phoenix Fitness for the Arts & Pole Jamz

INTERMISSION

10 MINS

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ARTISTIC SHOW

ARTISTIC - POLE ART 1

3:25 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Mikaela	Our Haven Studios
	Jane	Brass Butterflies
	Julie	Vertical Air
	<i>Aya (Withdrawn)</i>	<i>Phoenix Fitness for the Arts</i>

ARTISTIC - POLE ART 2

3:45 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Laura MacLean	3Sixty Dance & Fitness
	Kayla	Phoenix Fitness for the Arts

ARTISTIC - AFTER HOURS FLOOR FLOW 1

4:00 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Abby	Inferno Pole Studio
	Sarah	

ARTISTIC - AFTER HOURS POLE 1

4:15 PM	<u>COMPETITOR</u>	<u>STUDIO</u>
	Maddie	Phoenix Fitness for the Arts
	Natalie	Brass Vixens
	Rachel	Phoenix Fitness for the Arts

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ARTISTIC – AFTER HOURS POLE MASTERS

4:37 PM

COMPETITOR

STUDIO

Soyoung Lee

ARTISTIC – AFTER HOURS POLE 2

4:45 PM

COMPETITOR

STUDIO

Kiana Ng

Aerial Fifty Two

Sophie Lea McLeod

ShePole, Our Haven Studios

Eva Francis-Work

North Pole Dance

Steffi-Lynne (Withdrawn)

Vertical Air

INTERMISSION

10 MINS

5:20 PM

AWARDS – POLE SPORT & ARTISTIC

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